

Summer menu 2010 - Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED	Sausage & bacon cowboy casserole	Lamb pastisio	Tuna & sweetcorn pasta bake	Finger lickin' sticky chicken (halal available)	Cheese & tomato pizza
	Spicy wedges	Garlic bread	Lettuce, cucumber & tomato salad	Savoury cous cous	Light coleslaw
	Crusty bread	Carrot, poppy seed & lemon salad		Sweetcorn & peas	
BLUE	Egg mayonnaise salad with crusty bread	Ratatouille penne pasta bake	Cauliflower & broccoli cheese bake	Sweetcorn chowder with pasta shells	Vegetarian paella
		Garlic bread	Lettuce, cucumber & tomato salad		Tomato & onion salad
GREEN	Vegetarian cowboy casserole	Quorn mince pastisio	Summer vegetable soup	Sticky oven roasted vegetables with feta	Cheese & tomato pizza
	Spicy wedges	Garlic bread	Crusty bread	Savoury cous cous	Light coleslaw
	Crusty bread	Carrot, poppy seed & lemon salad			
	Oaty fruit crumble with whipped cream	'Wait 'n' see' pudding	Fruited jelly & ice cream	Fresh fruit salad & ice cream	Fruited muffin
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins

- Bread available daily
- Where indicated, Halal chicken can be served if requested